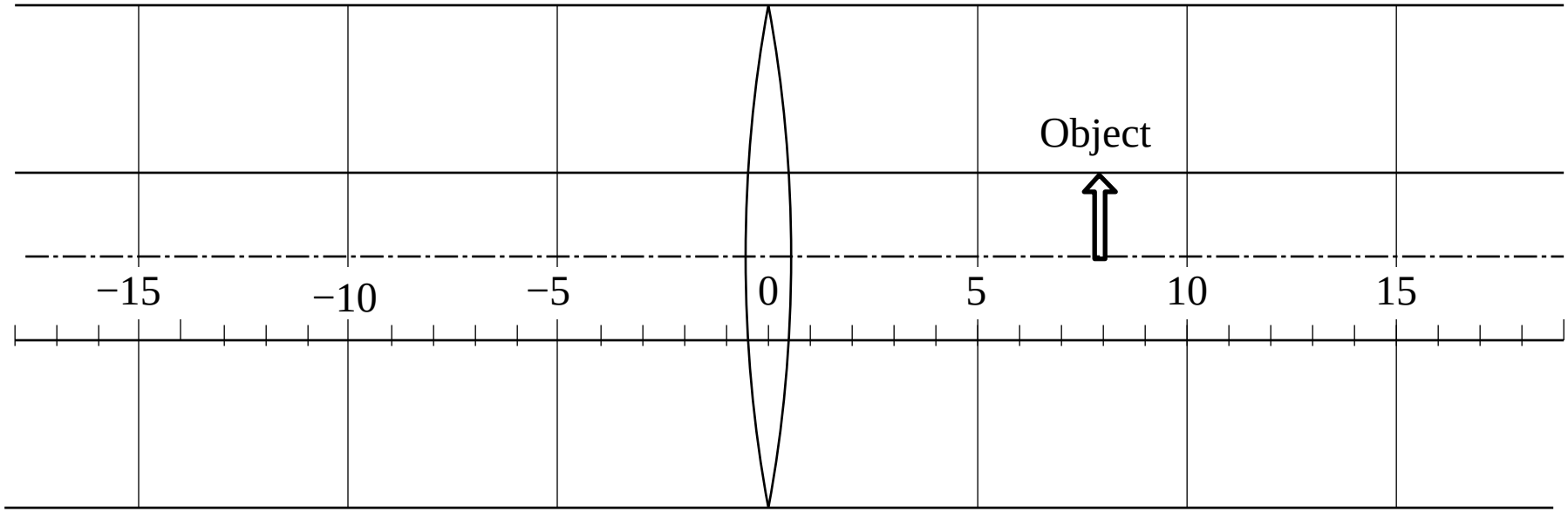
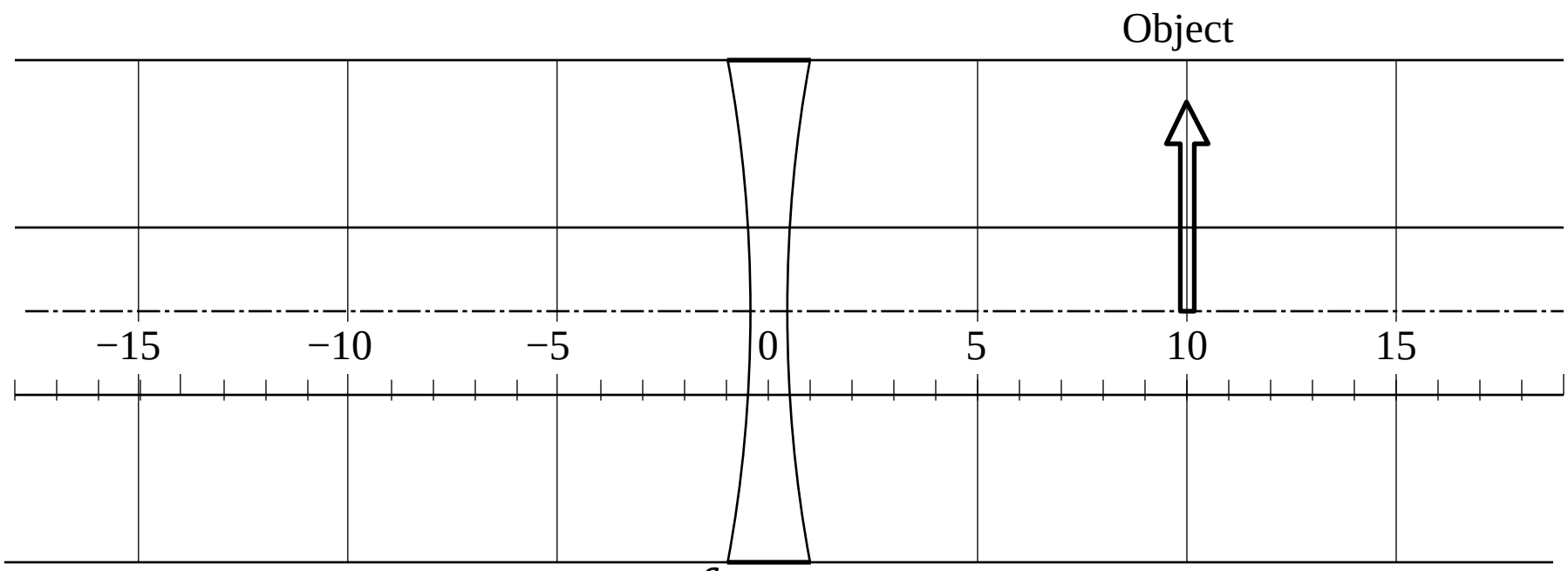


$f = +5$



$f = -5$